



Randy Hamling, D.C.  
 717 Atlantic Ave.  
 Morris, MN 56267  
 (320) 585-7246  
 acceleratedchiro@gmail.com

## Patient Information

(\* Denotes Required Fields)

\*Name: \_\_\_\_\_, \_\_\_\_\_ ( ) \_\_\_\_\_ \*Social Security # \_\_\_\_\_ \*Birth Date: \_\_\_\_\_  
Last Name First Name Preferred First Name MI MM DD YYYY

\*Gender:  Male  Female

\*Marital:  Married  Single  Widowed  Divorced

\*Race:  Caucasian/White  African-American/Black  Asian  
 Central/South American  Native American  Pacific Islander

\*Ethnicity  Hispanic or Latino  Not Hispanic or Latino  I Decline to Answer

\*Mailing Address: \_\_\_\_\_ \*City: \_\_\_\_\_ \*State: \_\_\_\_\_ \*Zip: \_\_\_\_\_

\*Home Phone: \_\_\_\_\_ \*Cell Phone: \_\_\_\_\_ \*E-mail address: \_\_\_\_\_

\*Occupation: \_\_\_\_\_ \*Employer: \_\_\_\_\_

\*Employer's Address: \_\_\_\_\_ \*City, State, ZIP: \_\_\_\_\_ \*Office Phone: \_\_\_\_\_

\*Family Medical Doctor: \_\_\_\_\_ \*Medical Facility: \_\_\_\_\_

\*In Case of Emergency, who should we contact? \_\_\_\_\_ \*Phone #: \_\_\_\_\_

\*How would you like to receive appointment reminders?  Text Msg. (\*Cell Carrier \_\_\_\_\_)  E-mail  
 Text No Appointment Reminders

\*Smoking Status:  Every Day Smoker (#years \_\_\_\_\_)  Former Smoker (#years \_\_\_\_\_)  
 Occasional Smoker (#years \_\_\_\_\_)  Never Smoker

Current Medications	<input type="checkbox"/> None	Dosage and Frequency (i.e. 5mg once a day, etc)
Medication Allergies	<input type="checkbox"/> None	Reaction

\*Clinical Summary - We have to make available to you a list of your diagnoses, medications, and medication allergies which can be automatically e-mailed to you following each visit.

I DO want to receive this (E-mail \_\_\_\_\_)  I DO NOT want to receive this Clinical Summary

\*How did you hear about us? (Check all that apply)  Family Member/Friend/Doctor (Who May We Thank? \_\_\_\_\_)  
 Fair/Event  Lecture/Business Appreciation  
 Our Website  Facebook  Clinic Sign/Driving By  
 White Pages  Yellow Pages  
 Online Directory (Which Directory? \_\_\_\_\_)  
 Other \_\_\_\_\_

\*Patient's Signature: \_\_\_\_\_

\*Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
MM DD YYYY

Guardian's Signature Authorizing Care: \_\_\_\_\_

\*Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
MM DD YYYY



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**CONSENT FOR TREATMENT, THE USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION FOR PURPOSES OF BILLING, TREATMENT AND FILE MAINTENANCE**

NAME \_\_\_\_\_

**Purpose of Consent:** By signing this form you will consent to our use and disclosure of your protected health information to carry out treatment, payment activities and health care operations.

**Notice of Privacy Practices:** You have the right to read our Notice of Privacy Practices before you decide whether or not to sign this consent. Our Notice provides a description of our treatment, payment activities and health care operations of the uses and disclosures we may make of you protected health information and of other important matters about your protected health information. A copy of our Notice accompanies this consent. We encourage you to read it carefully and completely before you sign this consent. We reserve the right to change our privacy practices as described in our Notice of Privacy Practices. If we change our privacy practices we will issue a revised Notice of Privacy Practices which will contain the changes. Those changes may apply to any of your protected health information that we maintain.

**Right to Revoke:** You will have the right to revoke this Consent at any time by giving us written notice of your revocation submitted to our Contact Person. Please understand that revocations of this consent will not affect any action we took in reliance on this consent before we received your revocations and that we may decline to treat you or to continue treating you if you revoke this consent.

**Informed Consent:** I will use my hands or a mechanical instrument upon your body in such a way as to move your joints. This procedure is referred to as "Spinal Manipulation" or "Spinal Adjustment". As the joints in your spine are moved you may experience a 'pop' call cavitation as part of the process.

There are certain complications that can occur as a result of a spinal manipulation. These complications include, but are not limited to: muscle strain, cervical myelopathy, disc and vertebral injury, fractures, strains and dislocations, Bernard-Horner's Syndrome (also know as Oculosympathetic Palsy), costovertebral strains and separations. Rare complications include, but are not limited to stroke. The most common complication or complaint following a spinal manipulation is an ache or stiffness at the site of adjustment.

I am aware of these complications and in order to minimize their occurrence I will take precautions. These precautions include but are not limited to my taking a detailed clinical history of you and examining you for any defect which could cause a complication. This examination may include the use of x-rays. The use of x-ray equipment may pose a risk if you are pregnant. If you are pregnant, you should tell me when I take your clinical history.

I have had full opportunity to read and consider the contents of this consent form and your Notice of Privacy Practices. I understand that by signing this consent form I am giving my consent to your use and disclosure of my protected health care information to carry out treatment, payment activities and health care operations.

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

If this consent is signed by a personal representative on behalf of the patient, please complete the following:

Personal Representative's Name \_\_\_\_\_

Relationship to Patient \_\_\_\_\_

**You are entitled to a copy of this consent after you sign it**

# Authorization and Assignment of Benefits/Financial Policy

**ACCELERATED CHIROPRACTIC & NATURAL HEALING CENTER, LLC**  
717 Atlantic Ave.  
Morris, MN 56267  
Tel: 320-585-7246 Fax: 320-585-7247

1. I hereby authorize **Accelerated Chiropractic & Natural Healing Center, LLC** to release any and all appropriate information concerning my health condition to any insurance company, adjuster, attorney requesting it in order to process any claim for re-imbusement of charges incurred by me.
2. This office agrees to assist me in determining what Chiropractic benefits are available under my insurance policy.
3. I understand the benefits quoted to **Accelerated Chiropractic & Natural Healing Center, LLC** by my insurance company are **NOT** a guarantee of payment. This is done by **Accelerated Chiropractic & Natural Healing Center, LLC** as a courtesy and is ultimately my responsibility to know, or find out, what my specific policy covers at this clinic.
4. This office does not file insurance for all secondary carriers, but will support you with paperwork so you can submit your claims.
5. I hereby authorize and assign direct payment to **Accelerated Chiropractic & Natural Healing Center, LLC** for any and all sums owed now or hereafter by any insurance company, which covers the services provided to me by **Accelerated Chiropractic & Natural Healing Center, LLC**.
6. I understand that my insurance carrier most likely does not cover maintenance care. Therefore, once **Accelerated Chiropractic & Natural Healing Center, LLC** informs me that care may be determined to be not Medically necessary, it is my responsibility to pay for such treatments at the time they are rendered or participate in their discounted wellness program.
7. I understand that **Accelerated Chiropractic & Natural Healing Center, LLC** does not own my insurance policy and I agree to take an active role in collecting payment from my insurance company. As a courtesy to me, **Accelerated Chiropractic & Natural Healing Center, LLC** will bill my insurance company and wait up to 90 days for payment. If after 90 days my insurance carrier has not paid a claim, I agree to pay for the outstanding charges. I understand **Accelerated Chiropractic & Natural Healing Center, LLC** will send me a payment receipt. Any payments made on these claims thereafter will be refunded to me.
8. I understand and agree to pay a 1.5% monthly (18% annually) service charge on any **outstanding balance** over 90 days old. I understand any and all outstanding balances may be turned over to a collection agency.
9. I understand that **Accelerated Chiropractic & Natural Healing Center, LLC** does have the capability to securely store credit card information within a 3rd party payment system. I  would /  would NOT like to provide a card to put on file and receive a 5% convenience discount and allow payments up to \$\_\_\_\_\_ any time my insurance assigns deductibles/co-insurance fees as patient responsibility as per my subscriber agreement with my insurance company (deductibles and co-insurance only, not co-pays, products, etc. that is to be paid each visit). I also agree to allow ACNHC to e-mail a statement reflecting my insurance assigned patient responsibility charges and payments to:\_\_\_\_\_
10. I understand that this insurance assignment is offered as a courtesy to me, and may be terminated at any time. I accept full financial responsibility for any and all charges I incur.
11. I agree to pay any and all amounts not paid by the insurance company. If any action must be taken by **Accelerated Chiropractic & Natural Healing Center, LLC** to enforce its rights under this authorization and assignment of benefits, I understand that I may be held responsible for any reasonable costs incurred by taking such action.

**I have read and understand the payment policy of Accelerated Chiropractic & Natural Healing Center, LLC. I understand that deductibles, co-payments, or payments for cash services are due at the time of service or at the end of each week and I agree that my balance will not exceed \$150.00 at any time. If I fail to follow any part of this agreement Accelerated Chiropractic & Natural Healing Center, LLC has the right to terminate their professional services and I agree my balance will be due in full at that time.**

\_\_\_\_\_  
Signature of Patient/Guardian

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date MM DD YYYY

\_\_\_\_\_  
Printed Name

Form Edited 08/06/2017



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### Authorization and Notice of Doctor's Lien

Patient Name: \_\_\_\_\_  
Last Name / First Name MI

Attorney Name: \_\_\_\_\_

Date of Injury: \_\_\_\_\_

I authorize and direct you, my attorney, to pay Accelerated Chiropractic & Natural Healing Center, LLC such sums as may be due and owing the clinic for medical/chiropractic services rendered me by reason of this accident, to adequately protect Accelerated Chiropractic & Natural Healing Center, LLC. I further give lien on my case to Accelerated Chiropractic & Natural Healing Center, LLC against my portion of any and all proceeds of the first available settlement, judgment or verdict, which may be paid to you, my attorney, or myself as a result of the injuries for which I have been treated or injuries in connection therewith.

I fully understand I am directly and fully responsible to Accelerated Chiropractic & Natural Healing Center, LLC for all medical benefits submitted by the clinic for services rendered to me, and that this agreement is made solely for Accelerated Chiropractic & Natural Healing Center, LLC's addition protection and in consideration of the clinic's awaiting payment. I further understand that such payment is not contingent on any settlement, judgment or verdict by which I may recover.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Dated MM / DD YYYY

### Acknowledgment of Attorney

The undersigned attorney of record for the above names patient does hereby agree to observe all the terms of the above and agrees to withhold such sums from the patient's portion of the first available settlement, judgment, or verdict as may be necessary to adequately protect Accelerated Chiropractic & Natural Healing Center, LLC.

\_\_\_\_\_  
Attorney Signature

\_\_\_\_\_  
Dated



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**Accident Claim Information**

Patient Name: \_\_\_\_\_ Date of Injury: \_\_\_\_\_

Responsible Insurance Company Name:

\_\_\_\_\_

Claim# \_\_\_\_\_

Adjustor's Name \_\_\_\_\_

Adjustor's Phone # \_\_\_\_\_

Adjustor's Fax # \_\_\_\_\_

Address to Send Claims

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Address to Send Medical Records

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please Return to:

Accelerated Chiropractic

717 Atlantic Ave.

Morris, MN 56267

or

Fax: 320-585-7247

E-Mail: [acceleratedchiro@gmail.com](mailto:acceleratedchiro@gmail.com)



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Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

**History of Present Condition / What Brings You In Today?**

Purpose of Consultation?  New Patient/New Injury  Existing Patient/New Injury  Wellness Checkup

Chief Complaint: \_\_\_\_\_

Location: \_\_\_\_\_

When did it start? \_\_\_\_\_ Is this your first time experiencing this?  Y  N

Prior injury to this area?  Y  N Details: \_\_\_\_\_

What were you doing when it started? (Cause?) \_\_\_\_\_

On a Scale of 0-10, how would you rate your pain/symptom. 0 = None, 10 = Worst Imaginable  
 On AVERAGE: \_\_\_\_\_ /10 At Its WORST: \_\_\_\_\_ /10 At Its BEST: \_\_\_\_\_ /10

What words would you use to describe your pain/symptom? \_\_\_\_\_

What particular part of the day does it bothers more? \_\_\_\_\_ During Activity Only?

How often do you experience the pain/symptom?

Constantly (75%-100%) \_\_\_\_\_ Frequently (50%-75%) \_\_\_\_\_ Occasionally (25%-50%) \_\_\_\_\_ Intermittently (0%-25%) \_\_\_\_\_

Since its onset, has it been getting: Worse \_\_\_\_\_ Better \_\_\_\_\_ Staying the Same \_\_\_\_\_

What seems to make it worse: \_\_\_\_\_

What seems to relieve it: \_\_\_\_\_

Numbness/pain seem to radiate away from primary area?  Y  N Where to? \_\_\_\_\_

On a Scale of 0-10, how would you rate your **radiating** discomfort. 0 = None, 10 = Worst Imaginable  
 On AVERAGE: \_\_\_\_\_ /10 At Its WORST: \_\_\_\_\_ /10 At Its BEST: \_\_\_\_\_ /10

What words would you use to describe your **radiating** discomfort? \_\_\_\_\_

How often do you experience the **radiating** discomfort?

Constantly (75%-100%) \_\_\_\_\_ Frequently (50%-75%) \_\_\_\_\_ Occasionally (25%-50%) \_\_\_\_\_ Intermittently (0%-25%) \_\_\_\_\_

Have you seen another healthcare practitioner for this condition?  Y  N (If Yes, please proceed below)

Who/What Facility \_\_\_\_\_ Dates of Treatment/How Long Ago? \_\_\_\_\_

What was the treatment? \_\_\_\_\_ Was it Effective? \_\_\_\_\_

Any Other Comments about your PRIMARY complaint that the Doctor should know about before treatment?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Treatment Goal (Check all that apply):  Pain Relief Only  Pain Relief & Manage Regularly  Wellness Only  
 Help me get back to \_\_\_\_\_ more comfortably  Pain Relief and Keep My Body at its BEST with Wellness

Have you ever seen a chiropractor in the past? \_\_\_\_\_ Are you pregnant? \_\_\_\_\_

Do you have a pacemaker? \_\_\_\_\_ Do you think you may be pregnant? \_\_\_\_\_

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_



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Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

**Secondary Condition**

Secondary Complaint: \_\_\_\_\_

Location: \_\_\_\_\_

When did it start? \_\_\_\_\_ Is this your first time experiencing this?  Y  N

Prior injury to this area?  Y  N Details: \_\_\_\_\_

What were you doing when it started? (Cause?) \_\_\_\_\_

On a Scale of 0-10, how would you rate your pain/symptom. 0 = None, 10 = Worst Imaginable

On AVERAGE: \_\_\_\_\_ /10 At Its WORST: \_\_\_\_\_ /10 At Its BEST: \_\_\_\_\_ /10

What words would you use to describe your pain/symptom? \_\_\_\_\_

What particular part of the day does it bothers more? \_\_\_\_\_ During Activity Only?

How often do you experience the pain/symptom?

Constantly (75%-100%) \_\_\_\_\_ Frequently (50%-75%) \_\_\_\_\_ Occasionally (25%-50%) \_\_\_\_\_ Intermittently (0%-25%) \_\_\_\_\_

Since its onset, has it been getting: Worse \_\_\_\_\_ Better \_\_\_\_\_ Staying the Same \_\_\_\_\_

What seems to make it worse: \_\_\_\_\_

What seems to relieve it: \_\_\_\_\_

Numbness/pain seem to radiate away from primary area?  Y  N Where to? \_\_\_\_\_

On a Scale of 0-10, how would you rate your **radiating** discomfort. 0 = None, 10 = Worst Imaginable

On AVERAGE: \_\_\_\_\_ /10 At Its WORST: \_\_\_\_\_ /10 At Its BEST: \_\_\_\_\_ /10

What words would you use to describe your **radiating** discomfort? \_\_\_\_\_

How often do you experience the **radiating** discomfort?

Constantly (75%-100%) \_\_\_\_\_ Frequently (50%-75%) \_\_\_\_\_ Occasionally (25%-50%) \_\_\_\_\_ Intermittently (0%-25%) \_\_\_\_\_

Have you seen another healthcare practitioner for this condition?  Y  N (If Yes, please proceed below)

Who/What Facility \_\_\_\_\_ Dates of Treatment/How Long Ago? \_\_\_\_\_

What was the treatment? \_\_\_\_\_ Was it Effective? \_\_\_\_\_

Any Other Comments about your SECONDARY complaint that the Doctor should know about before treatment?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

### Systems Review

Have you had or do you now have any of the following symptoms/conditions? Please indicate with the letter **N** if you **NOW** have these conditions or **P** if you have **PREVIOUSLY** had these conditions. Also, please indicate with the letter **F** if you have a **FAMILY MEMBER** who has suffered from the condition. Any details you can provide would be beneficial and should be mentioned below.

**N = Now**

**P = Previously**

**F=Family Member**

- |  |                                  |  |                                       |
|--|----------------------------------|--|---------------------------------------|
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Loss of Coordination             | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Headache                              |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Weak Grip/Pinching               | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Buzzing/Ringing in Ears               |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Muscle Pain/Weakness/Cramps      | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Weakness/Fatigue                      |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Shoulder/Neck/Arm Pain           | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Fever/Chills                          |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Stiff Neck                       | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Allergies                             |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Neck/Mid-Back/Low Back Pain      | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Diabetes                              |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Sinus Problems                   | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Night Sweats                          |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Joint Stiffness/Arthritis        | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Thyroid Dysfunction                   |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Spinal Curvature                 | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Weight Gain/Loss                      |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Joint Pain/Swelling              | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Blood Pressure High/Low               |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Broken Bones                     | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Cold Feet/Hands                       |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Osteoporosis                     | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Heart Disease/Irregular Heartbeat     |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Seizures/Tremors                 | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Irritable Bowel/Constipation/Diarrhea |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Stroke                           | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Ulcers                                |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Numbness/Tingling/Sensation Loss | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Chest Pains/Tightness                 |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Paralysis                        | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Breathing Problems                    |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Difficulty Speaking              | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Chronic Swelling/Edema                |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Dizzy Spells/Loss of Balance     | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Irregular Menstruation                |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Loss of Smell/Taste              | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Groin Pain                            |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Fainting/Nervousness             | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Difficult or Frequent Urination       |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Loss of Concentration/Memory     | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Increased Thirst                      |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Depression                       | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Cancer/Lumps                          |
| <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Loss of Sleep                    | <input type="checkbox"/> N <input type="checkbox"/> P <input type="checkbox"/> F | Alcohol/Drug Addiction                |

Details of those marked: \_\_\_\_\_

Other concerns the doctor should know about: \_\_\_\_\_

Other Family History \_\_\_\_\_

Patient Signature \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_



Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

### Detailed Medical History

Past Surgeries	Reason	Dates	Medications	For What Condition?	Dates

Hospitalizations	Reason	Dates	Vitamins/Supplements

Major Injuries	Date	Treatment Given?	Have You Ever Taken...
			<input type="checkbox"/> Y <input type="checkbox"/> N Insulin
			<input type="checkbox"/> Y <input type="checkbox"/> N Birth Control
			<input type="checkbox"/> Y <input type="checkbox"/> N Blood Pressure Meds
			<input type="checkbox"/> Y <input type="checkbox"/> N Cholesterol Meds
			<input type="checkbox"/> Y <input type="checkbox"/> N Cortisone
			<input type="checkbox"/> Y <input type="checkbox"/> N Thyroid Medications
			<input type="checkbox"/> Y <input type="checkbox"/> N Recreational Drugs
			<input type="checkbox"/> Y <input type="checkbox"/> N Hormone Replacement
			OTHER? _____

### Social History

**Marital Status:** Married Single Divorced Widowed      Number of Children \_\_\_\_\_  
**Usual # Hours of Sleep Per Night** \_\_\_\_\_      **Do You Still Feel Tired Throughout the Day?** Y N  
**How Often Do You Exercise?**      Regularly      Frequently      Sometimes      Never  
**Exercise Intensity**      Low      Medium      High      **Type?**      Cardio Build Muscle Muscle Toning  
**Diet?**      Well Balanced Vegetarian Frequent Fast Food Specific Diet? \_\_\_\_\_  
**Caffeinated Beverages Consumed Per Day?**      0-12 oz. 12-32 oz. 32-64 oz. 64-128 oz  
**Water Consumed Per Day?**      0-12 oz. 12-32 oz. 32-64 oz. 64-128 oz More  
**Alcoholic Beverage Consumption** None 1-2/Wk 3-4/Wk 5+/Wk Occasional Binge Drinking Daily  
**Tobacco Products?** Y N **If Yes... Type:** \_\_\_\_\_ **How much?** \_\_\_\_\_ **per** \_\_\_\_\_  
**What Do You Enjoy to Do During Your Free Time?** \_\_\_\_\_  
**What Do You Feel You Lost Due to Your Condition Today?** \_\_\_\_\_

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_